



Carolina for Kibera, Inc.

2002 Annual Review

**Carolina for Kibera, Inc.
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Introduction

Letter from Rye

I am pleased to present Carolina for Kibera's 2002 Annual Review. This year's Review highlights the culture and accomplishments of our young organization, which moved this year towards institutionalization. In April 2002, the University of North Carolina at Chapel Hill (UNC) officially accepted CFK as a program, and we established our office under the umbrella of the University Center For International Studies.



To accompany this move, we welcomed our first class of undergraduate volunteers to Kibera. Since May 2002, ten undergraduates from UNC and other Universities throughout the United States have volunteered with CFK in Kibera (on their own bill). I am excited that this volunteer program has now expanded to Duke and UNC Medical Schools, where CFK has initiated an accredited program for fourth year students to work jointly at the Kenyatta National Hospital and Tabitha's clinic in Kibera.

This past December I took a month of leave from the Marine Corps and spent Christmas in Kibera. The timing of the trip coincided with an historic democratic presidential election in Kenya that brought an end to the 24 year-old Moi regime. The day after the election results posted, I migrated on foot with tens of thousands of residents from the Kibera slum 1.5 miles east to Uhuru Park in downtown Nairobi. There we witnessed the peaceful swearing in of Kenya's new President, Mwai Kibaki. It is too early to predict what effects the election may have in Kibera, where over 600,000 people live with no land tenure rights. But there are great expectations, and there is evidence of real change. On January 1st, for example, Kibaki's government announced the re-introduction of free public education for all of Kenya's children.

Accompanying the sweeping changes in Kenya's political landscape, CFK initiated a new governing constitution and began the process of getting registered in Kenya as an international non-governmental organization (NGO). The constitution, written and advised by over two dozen Americans and Kenyans over a six month period, spells-out CFK's organizational structure and articulates our ethos, which is embodied in our CFK Fairplay Code (page 12). CFK, with your sustained support, will continue to serve as a community-based outlet of opportunity and voice for positive change in Kibera. Thanks again and all best wishes in 2003.

Wasalaam,

Rye Barcott
President, CFK Inc.

Letter from Salim



Another year has passed since the registration of Carolina for Kibera in Kenya. We have been able to achieve a lot with a short possible time and also managed to face a number of challenges that has to be attributed to the fast growth of the organization. CFK has learned through this process and it is still doing so. CFK believes that the community holds the power to solve the challenges they face by empowering the youth with skills and giving them an opportunity to share their skills and experience in Life.

Haba na Haba Hujaza Kibaba, a Kiswahili proverb that means "step by step we reach our desired goal," has been the guiding principle behind the success of the organization. The current membership stands at 4000 members participating in our sports program for both boys and girls, garbage cleanup project that has also help reduce the tones of garbage in the community, and Binti Pamoja (Daughters United) Center. This has enabled the girls who participate to share and educate the younger girls on issues of reproductive health and how best they can be effective leaders. The clinic has also expanded with the current client flow of 15-20 patients a day. The support of medicine from Stop Hunger Now in the US enabled the clinic to provide good services to the residence of Kibera, as one third of the clients cannot afford to pay for medical care and thus the clinic cannot afford to purchase enough medicines. The American Embassy in Kenya also funded for the purchase of laboratory equipment.

A lot could not have been achieved without the assistance of our partners and friends. Your support and advice has enabled the organization to develop to another level. Many thanks to the student volunteers who assisted during summer to develop the girls program and facilitated the discussion with our youth representative to develop a constitution to enable the organization register as an international NGO. Thanks to Karen and Emily for the implementation of Binti Pamoja project. A lot of thanks to The Ford Foundation and The World bank for the support and advice in ensuring that the project meets its objectives.

Thanks to the CFK Board of Trustees, Directors, Advisors and friends of CFK Inc., for the support, advice and love that you shared with us. You ensured that you had time for CFK and managed to assist whenever possible and this was rather difficult with your busy schedules. Finally, thanks to Rye Barcott for all the work and time you have invested in CFK. Sometimes I wonder where you get all the energy and with the work that you are doing. I hope this year will continue to work together for the betterment of Kibera. Let's spread the love and peace in this world. God bless you all.

Thank you,

Salim Mohamed
CFK-Kenya Program Manager

Greetings from the Board of Directors

Warm Greetings from the Board!

Carolina for Kibera enjoyed tremendous success over the past year due entirely to an outstanding group of volunteers, leaders, and donors in the United States and Kenya who have put their skills, hearts, and energy behind the mission of CFK. They have worked tirelessly to improve our current programs and to assess the feasibility of new initiatives that expand the goals of youth participatory development and community betterment in Kibera.

To briefly highlight some key accomplishments in 2002: CFK became an officially recognized program of UNC-Chapel Hill, based at the University Center for International Studies; CFK was awarded grant funding from the Ford Foundation and the World Bank; the first group of UNC student volunteers successfully completed summer internships in Kibera; CFK opened the *Binti Pamoja Center* as a safe space and resource for young women; and the first community library was established in Kibera.

Looking forward, the continued success and long-term sustainability of CFK is contingent upon securing permanent funding for CFK's flagship program, the Youth Sports Association. Our major development goal for the coming year is to raise \$500,000 in order to establish an endowment that will fund the annual operating expenses for the Youth Sports Association. With funding for this program secured, we will be able to focus our efforts on the development of new projects and initiatives such as the HIV/AIDS peer education program and the first girl's soccer league in Kibera.

Carolina for Kibera is quickly becoming an internationally recognized and respected organization. Over the past year, CFK has benefited from significant media coverage that has enabled us to form new partnerships and expand the visibility of our efforts worldwide. This attention has helped to create awareness and cast a positive light on a part of the world that is often misunderstood, neglected, and cloaked in devastating statistics. More importantly, it testifies to the promise and vitality that lies within one of the poorest regions of the world when youth are empowered with hope and opportunity to create a better life for themselves.

On behalf of the Board of Directors, please accept my sincere appreciation for your continued support of CFK. Your generosity has made possible our accomplishments and has given CFK a sound foundation from which to grow. Thank you.

Best wishes,

Kim Chapman
Chair, CFK Board of Directors



CFK, Inc. Mission and Phases

CFK Mission

Carolina For Kibera, Inc. (CFK, Inc.) is a nonprofit charitable corporation that provides a connection for the University of North Carolina at Chapel Hill (UNC) and others to contribute to community development projects in the Kibera slum of Nairobi, Kenya. Formed in January 2001, CFK, Inc. established and developed a youth sports association, Carolina For Kibera Kenya (CFKK).



Additionally, CFK, Inc. helped establish a local medical clinic (**Rye Clinic**), and a Montessori nursery school (**Carolina Academy**). Its most recent projects include **Binti Pamoja (Daughters United)**, a resource center for girls and HIV/AIDS peer educator program, and the **Kate L. Kohn Community Library**, the only community library in Kibera.

CFK, Inc. is philosophically grounded in the understanding that outsiders do not have the solutions to the problems that exist in Kibera. Residents themselves have the talent and energy to create solutions to the problems they face, and outsiders can help network, mobilize communities, and provide resources.

CFK, Inc. is the patron organization of CFKK, Rye Clinic, Carolina Academy, Binti Pamoja, and the Kate L. Kohn Community Library. Each of these programs is individually registered as a community based organization (CBO) in Kenya and CFK has recently applied to become registered as an official non-governmental organization (NGO). Although there is a high degree of collaboration, each CBO is operationally and financially autonomous. CFK, Inc. is represented on a *pro bono* basis by Washington, D.C.-based law firm Patton Boggs, LLP. All donations are tax deductible and are managed by Wachovia Bank.



CFK Phases

PHASE I Familiarization and Study

Rye Barcott lives for five weeks in Kibera with four youth leaders and completed a study on youth culture, ethnic violence, and non-governmental organizations (NGOs). The study included an analysis of the Mathare Youth Sports Association, which began Rye's friendship with CFK Program Manager, Salim Mohamed. *Completed June 2000.*

PHASE II Start-ups

Rye Barcott established CFK, raised some \$20,000 of private and university support, and then traveled to Kibera with colleagues Nathan Nelson and Semaj Johnson to help establish the sports association, clinic, and school with Salim Mohamed, Tabitha Festo, and Elizabeth Achieng'. *Completed August 2001.*

PHASE III Trial

Resident leaders in Kibera assess and report on project successes. CFK generates enough funds to keep CFKK operational and applies for Ford Foundation support. The CFK Board of Directors is established. *Completed December 2001.*

PHASE IV Re-evaluation and Institutionalization

The Provost of UNC approves CFK as an official university program, and CFK receives small grants from the Ford Foundation and World Bank. CFK establishes the first community library in Kibera and introduces the Provost's Leadership Award for CFK youth leaders in Kibera. *Completed April 2002.*

PHASE V Sustainable Development

CFK begins an effort to secure a \$500,000 endowment to permanently fund the sports association. The sports association creates the first girls' soccer league in Kibera and launches an AIDS awareness peer educator program. *Currently underway.*

PHASE VI Professionalization and Expansion

CFK builds a student-volunteer exchange program with the Morehead and Robertson scholars, establishes a Carolina Primary School in Kibera, and creates scholarship and microcredit programs for Kibera youth. *Projected.*

Project Updates

CFK YOUTH SPORTS ASSOCIATION

The CFK Youth Sports Association now has over 4,000 members aged 10-30. It addresses three key social problems: ethnic violence, youth unemployment, and public health. CFK brings together male and female youth of different ethnicities to promote community cooperation and development through sports. Each CFK soccer team is required to be ethnically diversified. In this way, CFK helps assuage ethnic tension at a grassroots level.

CFK holds leadership training and youth development seminars for referees and coaches and rewards its most active members with education or small business grants. CFK referees and coaches help enforce the CFK Youth Fair Play Code, which governs CFK member behavior both on and off the playing fields. Furthermore, CFK has developed a number of partnerships with local Kenyan businesses. These partnerships have resulted in a number of training and employment opportunities for Kibera youth. Additionally, a small number of education and small business grants are offered to CFK's most committed members each year. Commitment is gauged by public service and leadership contributions within the organization. Once a month, CFK holds a community clean-up in one of Kibera's eleven villages, where youth literally clean the slum with shovels, trash bags, and pushcarts.



Highlights from 2002:

- Increased membership from approximately 1,000 to 4,000 girls and boys
- Held twelve soccer tournaments and twelve community clean-ups
- Established Kibera's first all-girls' soccer league after receiving a \$5,000 small grant from the World Bank
- Arranged full primary and secondary education sponsorships for four CFK members
- Sent over 15 CFK members to computer and typing courses
- Held leadership training and youth development seminars for over 100 youth
- Sent eight American undergraduate volunteers to Kibera (at their own expense)
- Established the Dr. Kate H. Kohn Community Library
- Sponsored four girls to attend one-week counseling training at KAPC
- Participated in the Youth Exchange Network
- Sent five CFK youth representatives to Pathfinder puppetry training
- Established the Provost Leadership Award to recognize outstanding leadership and service in CFK
- Offered leadership advice and support to other aspiring youth groups in Nairobi, such as Mukuru Kwa Njenga in the Industrial Area

CFK MEDICAL CLINIC

Rye Clinic is a medical clinic that addresses the problem of poor access to healthcare in Kibera. It is the only clinic in Kibera that operates 24 hours per day, 7 days per week. Rye Clinic specializes in maternal health, but also offers primary care to all residents on a sliding-fee scale. It receives supplementary medicine and supplies from *Stop Hunger Now* and UNC's *MedWorld* and welcomes volunteer fourth-year medical students and faculty from UNC and Duke University Medical Schools. Led by Tabitha Atieno Festo, a nurse, Rye Clinic treats an average of 15-20 patients per day. Tabitha founded and named the clinic after selling vegetables in a cooperative for 6 months, a project she undertook using a \$26 grant given to her by Rye Barcott in 2000.

Highlights from 2002:

- Increased outpatient and in-patient service to average 15-20 patients per day.
- Established the only 24-hours/day health care service in Kibera.
- Established an accredited program for fourth-year medical students from Duke and UNC to volunteer jointly at Rye Clinic and Kenyatta National Hospital.
- Established basic laboratory services after receiving an in-kind donation of laboratory equipment valued at \$5,000 from the U.S. Ambassador's Self-Help Fund.

Binti Pamoja Center (Daughters United)

The Binti Pamoja Center was established in 2002 to create a safe space for girls and young women to discuss reproductive health issues and to fight gender discrimination, domestic abuse, and rape. The Center uses art and photography as a means for expression and is leading the establishment of an HIV/ AIDS awareness and prevention program.



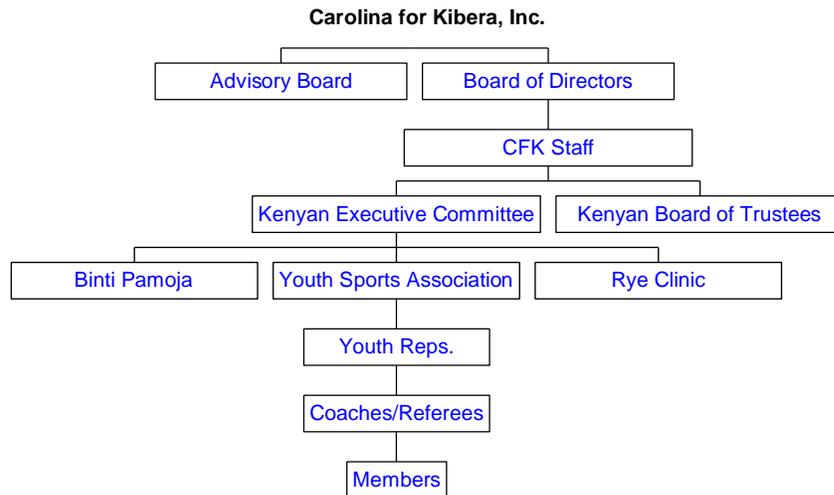
Highlights from 2002:

- ◆ Established weekly reproductive health community discussions led by twelve Binti Pamoja members
- ◆ Organized an ongoing photography project for young women in Kibera to document their lives
- ◆ Presented a photo exhibit at Columbia University's *Earth Institute* with an opening hosted by Mrs. Nane Annan
- ◆ Binti Pamoja featured on CNN and NPR-Boston
- ◆ Initiated an AIDS-awareness peer education program
- ◆ Programming is expanding to include capacity building and leadership training for Binti Pamoja members

Dr. Kate H. Kohn Community Library

Established in 2002 with about 100 books, the Dr. Kate H. Kohn Community Library is CFK's newest project and the only community library in Kibera. UNC Junior Melissa Anderson will travel to Kibera this summer to help develop the library, which was named in honor of the late Dr. Kate H. Kohn, a medical doctor from Chicago who pursued the advancement of medical science for the good of the world community.

CFK Organizational Structure



CFK Board of Directors

Kimberly Chapman (Chair), Clinical Community Educator, Salem Hospital

Dr. Alan Cross, Professor of Social Medicine and Director of the UNC Center for Health Promotion and Disease Prevention.

Professor Richard Kohn, Chairman of UNC Curriculum in Peace, War, and Defense; Professor of History.

Maurice Muchene, former CEO of the Mathare Youth Sports Association, Kenya.

Professor James Peacock, Director of UNC University Center for International Studies; Kenan Professor of Anthropology.

Professor Donna Schwartz-Barcott, Graduate Director of the School of Nursing, University of Rhode Island; Professor of Nursing.

CFK Staff (United States, Volunteer)

Rye Barcott, 24, President and Founder (Active Duty Marine Corps Officer)
Alan Patterson, 50, Treasurer (Partner and Treasurer of Bryan Associates)
Adriane Russo, 24, Vice President (Johns Hopkins SAIS Dialogue Project Program Coordinator)
Emily Pierce, 22, Vice President (UNC undergraduate)
Beth Ann Kutchma, 31, Administrative Officer (University Center for International Studies Research Assistant)
Karen Austrian, 23, Program Officer and Binti Pamoja Co-Founder (Case Officer, Partnership for the Homeless Resource Family Center, New York City)
Peter Fecci, 25, Program Officer (Duke medical student and PhD candidate)
Alison Kramer, 24, Program Officer (Stop Hunger Now Communications Director)
Sudir Kumar, 22, Program Officer (UNC undergraduate)
Nick Lewis, 22, Program Officer (UNC undergraduate)
Kanecia Obie, 21, Program Officer (UNC undergraduate)
Emily Verellen, 23, Program Officer and Binti Pamoja Co-Founder (Common Cents Youth Leadership Fellow)

Kenyan Board of Trustees

Kevin Boekestein, Wonderfoods, Co. Marketing Director
Sammy Gitau Irengi, Save the Children Kenya, Slum Coordinator
Dr. Sarah Onyango, IPAS Kenya Country Representative
William Maclean, Reuters East Africa Chief Correspondent
Ben Mshila, GM East Africa Human Resources Director
Chris Tomlinson, AP East Africa Correspondent
Khalil Senosi, AP Photographer (Pulitzer Prize 1999)



CFK Executive Committee (Kenya)

Tabitha Atieno Festo, 37, Rye Clinic Director
Abdul Hussein Suleiman, 23, Youth Coordinator
Sammy Gitau Irengi, 31, Board of Trustees Representative
Charles Amolo Mbidha, 45, Treasurer
Salim Mohamed, 26, Program Manager



CFK Advisory Board

Andrew Carroll, Director of the American Poetry and Literacy Project (co-founded with the late Nobel Laureate Joseph Brodsky)

Professor Jennifer Coffman, Asst. Professor of Anthropology, James Madison University

Jennifer Ciralsky, Attorney, Patton Boggs, LLP

Dr. Dennis Clements, Duke University Professor of Medicine

Mary Beth Crocket, Attorney, Domestic Abuse and Women's Rights

Katrina Gleber, Attorney, Patton Boggs, LLP

Dr. Abigail Kohn, Post-doctoral Fellow, University of Sydney Law School

Rajeev Narayan, Associate Director of the Kenan Institute for Engineering, Technology, and Science (North Carolina State University)

Professor Richard Richardson, Former Provost of UNC

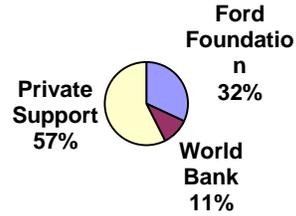
CFK, Inc. Financial Overview

Fundraising and Expenditure Summary 2002

Thanks to the generous support of our donors and increased efforts in fundraising and grant writing, CFK raised over \$47,000 to support the operational expenses of its projects in Kibera. All funds received went directly to project support; no funds were used to cover overhead expenses for the organization.

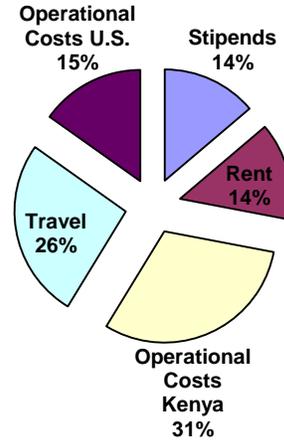
CFK, Inc. Income 2002

Ford Foundation	\$15,000
World Bank	\$5,000
Private Donations	\$27,000
TOTAL	<u>\$47,000</u>



CFK, Inc. Expenditures, 2002

Stipends	\$6,421
Rent	\$6,613
Operational Costs (Kenya)	\$14,311
Travel	\$12,157
Operational Costs (U.S.)	\$7,064
TOTAL	<u>\$46,566</u>



Financial Outlook

CFK exceeded its fundraising goals for 2002, but once again, funding for project support is nearly depleted. We would like to graciously thank our supporters for their generosity and encourage you to renew your pledge to CFK in 2003. Your contribution has produced significant results in terms of program growth and development, as is measured most importantly by the number of individuals we are able to serve in Kibera.

In the coming year, CFK will focus its fundraising efforts on a capital campaign to raise \$500,000 to establish an endowment. The endowment would provide enough funding to cover the annual operating budget for the CFK Youth Sports Association.

CFK is actively pursuing grant opportunities from private foundations, and has recently received small grants from the Reuters Foundation and American Jewish World Service. In addition, CFK submitted an \$80,000 proposal to the Ford Foundation that is currently under review. CFK program officers will continue to seek out funding opportunities that align with the goals and objectives of individual programs.