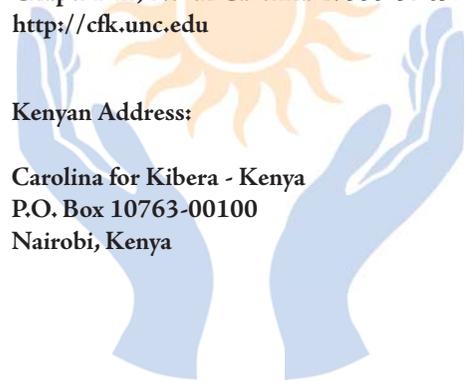


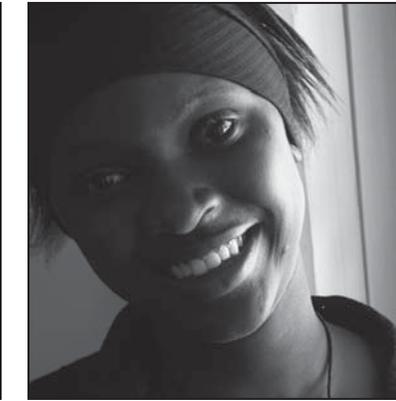
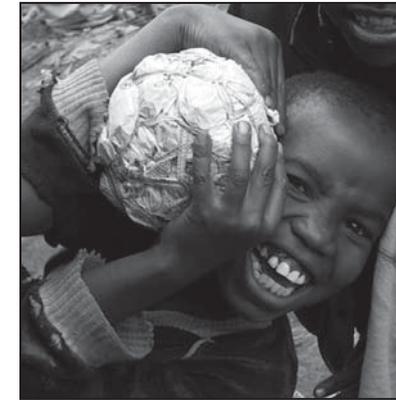
Carolina for Kibera, Inc  
The University Center for International Studies  
The University of North Carolina at Chapel Hill  
223 East Franklin Street, CB#5145  
Chapel Hill, North Carolina 27599-5145  
<http://cfk.unc.edu>

Kenyan Address:

Carolina for Kibera - Kenya  
P.O. Box 10763-00100  
Nairobi, Kenya



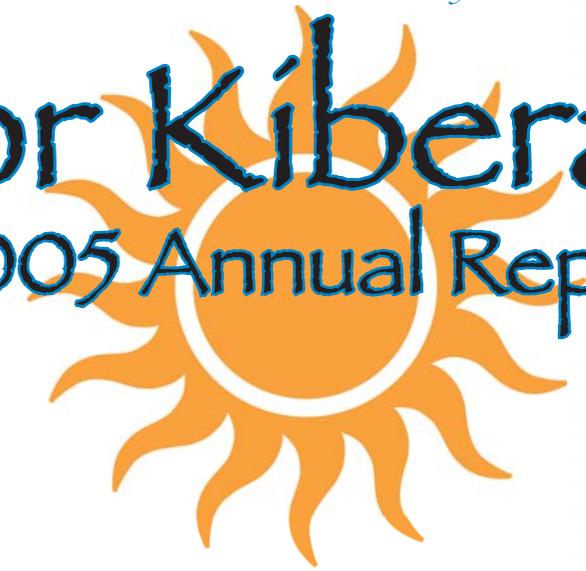
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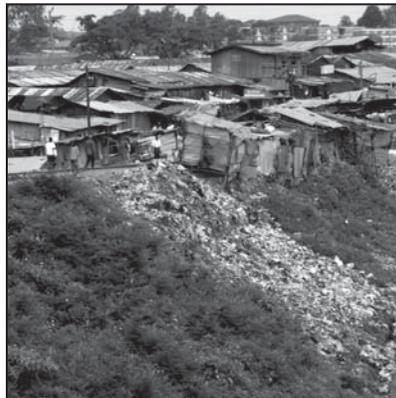
*Let's Unite and Shed Light \* Tujjunge Tuangaze \* Let's Unite and Shed Light \* Tujjunge Tuangaze*

# Carolina for Kibera

## 2005 Annual Report



*Let's Unite and Shed Light \* Tujjunge Tuangaze \* Let's Unite and Shed Light \* Tujjunge Tuangaze*



# CFK Honored as “Hero of Global Health” by TIME Magazine and Gates Foundation

On November 3, 2005, at the TIME Global Health Summit in New York City, CFK was recognized as one of nine “Heroes of Global Health” from around the world. The Summit was a landmark event that brought together the major players in global health – researchers, practitioners, politicians, NGOs, religious leaders, policy makers, and rock stars – to debate, discuss, and move forward the dialogue about the greatest outstanding challenges in global health. As part of this event, TIME Magazine and the Bill & Melinda Gates Foundation recognized organizations on the front lines of these global health challenges.

“We were looking for people who had pioneered innovative ways to improve the health of poor people around the world,” TIME Sciences Editor Phillip Elmer-DeWitt said. “To our surprise, wherever we looked, we found them – from an ex-motorbike racer who dispatched hundreds of sidecar-equipped motorcycles across Africa for use as mini-ambulances to a Thai economist who championed condom use among Bangkok sex workers and headed off what could have been a devastating outbreak of HIV/AIDS. The great thing about these projects is that they can be replicated and scaled up – and inspire even more pioneering approaches to improving health worldwide.”

CFK Board Chair, Kim Chapman, accepted the award on behalf of the organization, and had the opportunity to address the summit’s attendees about the work of CFK. A web-cast of her remarks can be viewed online at:

<http://www.time.com/time/2005/globalhealth/webcasts.html>



**Board Chair, Kim Chapman with actress Glenn Close who formally presented the “Hero of Global Health” award to CFK.**

## In Memorium – Carolyn Jefferson



**Carolyn Jefferson**

We honor and salute the dearly departed Carolyn Marie Jefferson for her commitment and hard work in the struggle to empower all African people across the globe, especially in Kenya. Carolyn was a senior Organizational Development Advisor for the United States Agency for International Development/Kenya and, in her spare time, was a beloved friend and member of CFK’s Board of Trustees in Kenya. A strong advocate for women and girls, Carolyn worked to increase awareness of and solutions to issues addressing young women including education and reproductive health. Carolyn provided sage counsel to CFK in Kenya, helping our nascent organization professionalize its system of governance and oversight. She will be truly missed by all, yet her legacy will forever remain. The family has established an educational scholarship fund in Carolyn’s honor to benefit the women and girls of Binti Pamoja.



## INSTITUTIONAL SUPPORT

Ford Foundation, William Rand Kenan Charitable Trust, American Jewish World Services, General Motors East Africa, The Fledgling Fund, Stop Hunger Now, Sportsendeavors, LBC Foundations, Summit Charitable Trust, Population Council, Woodward Charitable Foundation, The Wooster-Barcott Foundation, UNC Women's Soccer, UNC Men's Soccer, The Painted Bird, Philip S Harper Foundation, Rosenthal Fleet Parts Sales Inc., Reuters Foundation, UNC Associate Provost for International Affairs and the UNC University Center for International Studies

## BENEFACTORS

Clinton Wall, Richard & Susan Richardson, Donald Dixon, Matt Bugher, Linda Berkowitz, Wendy & Eric Schmidt, Julian & Josie Robertson, Mary Beth Crocket, Alexander Ragan, Thomas Kenan III, Raffaele Santoro, Jeffrey Berman, Donna Schwartz-Barcott, Edward Burgin, Florence Peacock, Linda Berkowitz, Corrine Houpt, Andrew Carroll, Christopher Hays, Joseph Herzenberg and anonymous donors.

## PATRONS

Kathie Austin, Jennifer Coffman, Robert Hunt, David Gaglione, Richard Benedick & Irene Federwisch, C. Gerola, Robert Choi, Esteban McMahan, Douglas Pedersen, Preston Boyd, Kim Thomas, Clark Wright, Kevin McCadden, Robert Ryan, David Price, Timothy McKeown, Thomas Chewing, Maureen Meyer, C. Knox Massey, Jr., Mike Ranen, Virginia Aldige, Haig Khachatoorian, Shane Maroufkhani, Walter Hussman, Sarah Rosenbaum, Susan Rathgeber, Tim Glassco, Jeanne Haws, Chris Ryan, Robert Couturier, Elaine Murphy, Timothy Allen, Elizabeth Young, Peter Hero, Richard and Brenda Schoonover, Alison Ellis, Terrance Jezowski, Ellen Sweet, Karen Larsen, Thomas Phelps, Shade Keys Little, Megan Charlop, Ellen Themmen, Azza Maklad, Brenda Massera, Jonathan Quick, Cythina Steele, Anthony Faber, Gregory DiConti, Patricia Livingston, Eruch Nowrojee, Jean Chalk, Bruce Barcott, Barry Popkin, Evelyn Landry, Ann Yeagle, Dennis Clements, Robert Daniels, Clark Wright, Joann Forman, David Royle, Matthew Leatherman, Lou Dembrow, Tracy Naden, Shana Dressler, Lyn Pentecost, Edgar and Elissa Cullman, Alicia Curtin, Barbara Rimer, Hannah Riseley-White, James Meditz, Mark Irvings, Alan Cross, Peter Redfield

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Lucas Parker, Johnathan McGinty, Jeffrey Hiday, Kamande Kamau, Kristin Felix, Adelle Ranville, Christine Umali, Jon Griebel, Patricia Higgins, Jessica Clements, Guy Alon, Roberta Ann Dunbar, Ryan Wagner, Michael White, Karli Boothe, Maya Suess, Sarah Madry, Teri Schelin, Cathie Hutchins, Ronald Kronlage, Baudot Regis, Linda Convissor, Linda Textoris, Rebecca Gertmenian, Leon White, James Faber, Norma Jean Schmieding, Mimi Whitehouse, Craig and Eileen Schlusberg, Lawrence Kessler, Carol Gibbons, Raymond O'Leary, Alfred Field, Diane Frazier, Diana Levy, Janet Hirsch, Rita Vachon, Mildred Bauza, Allison and Ben Donnelly, George Schnack, Charles and Peggy Murphy, Corinne Whitaker, Elizabeth Braxton, Betsy Uhrman, Angeles Cabria, Gina Nguyen, Amber Oberc, Cary Perry, Scott Duncan McKeown, Douglas Huber, Peter Cross, Mary Beth O'Neil, Beatrice Bezmalinov, Amanda Wong, Robert Wasko, Diane Martins, Kym Ragusa, Derek Ross, Alicia Towns, Michael Lienesch & Ann Baker, Thomas Madden, Roy Kim, Amy Sackaroff, Grady Phillips, Michael Snyder, Janice Miller, Joellen Lambiotte, Yu Ho, Anna Potter, Barbara Stenross, Kathleen Clarke-Pearson, Paul Kaye, Gerhard Weinberg, Nancy Linde, Margaret Phelps, Daniel Rosan, John L. Sanders, John Ward

# Karibu \* Welcome

It has been one year since Tabitha Atieno Festo, the founder and director of CFK's clinic, left us. Last year at this time I was in Nairobi driving back from visiting Tabitha. I held on to the hope that she could perform one more miracle and pull through what had to be one of the most physically painful injuries a person can endure. And endure she did, calmly, stoically, and with grace. In her last moments, she was compassionate and spiritual, thanking God for the life she had lived and calling for guidance and protection for her children, patients, and colleagues. She set one final example for her children and for those of us who loved and cared for her.

As it concludes, 2005 marks the fourth year of our organization in Kibera. The year was filled with high-points and sadder times that we will carry with us for many years to come. On March 20th our Board Chair, Kim Chapman, traveled to Kibera to preside over the renaming of our clinic in Tabitha's honor. Chief among our goals is to recognize the heroes in Kibera, to help them reach their noble goals, and in so doing, to inspire others who are born to some of the most austere conditions imaginable. Tabitha Atieno Festo, with her quiet resolve, vision, and motherly benevolence, is a hero of Kibera. But, she is not the first, nor will she be the last.

Amid the excitement and energy of soccer tournaments, community clean-ups, drama skits, and educational retreats, CFK lost one of its most committed Kenyan board members, Ms. Carolyn Jefferson, who died suddenly at a social gathering in Nairobi this fall. A native of Virginia, Carolyn was the sole American on our Kenyan board. She had an infectious zest for life and an eternal optimism. Her daughter, Nkeisha Dumas, has initiated a scholarship fund for CFK members in her honor. Carolyn's spirit touched us and lives on within CFK.

The close of the year brought with it the departure of our Vice President, Emily Pierce, and our longstanding Kenyan board members William MacLean and Ben Mshila. Emily, who has worked as a legal aid in Washington D.C. since graduating from UNC in 2002, just received a Rotary International Scholarship to study in Argentina. Bill, Reuters Chief Correspondent for East Africa, completed a four-year assignment in Kenya and has moved on to take over the North African bureau in Algeria. Ben, who served as our founding board chair, left his job as the General Motors East Africa human resources director to move to London and be with his family. It is not an exaggeration to say that over the past year Ben spent nearly half of his weekends in Kibera mentoring our program officers and participating in community outreach. Emily, Bill, and Ben have left an indelible impact on our organization and its leadership. They embody the sense of service and self-sacrifice that we hold central to our core ethos as an organization built around volunteers from Kibera, the U.S., and beyond.

Thank you for being part of this organization. May 2006 bring you peace and blessings.

Rye Barcott  
Founder, Carolina for Kibera, Inc.

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Carolina for Kibera was pleased to welcome many volunteers to Kibera throughout the year. Individually, they offered unique skills, perspectives, and energy to our various programs. They came to learn and to serve, and we are sincerely grateful for their contributions to CFK:

Aaron Charlop-Powers, UNC-Chapel Hill \* Kelley Haven, UNC-Chapel Hill \* Beth-Ann and Jason Kutchma, UNC-Chapel Hill \* Matt Smith, UNC-Chapel Hill \* Jennifer Ingle, UNC-Chapel Hill \* Ellen Phelps, Harvard University \* Lynsey Farrell, Boston College \* Matthew Barker, James Madison University \* David Ekqvist, Swedish Medical Student \* Ross Alex Davidson, Vancouver, Canada \* Lara Frye, UNC-Chapel Hill \* Fred Ochieng, Kenyan Pharmacy Assistant \* Martha Hall, Nacouver, Canada \* Erik Ngondi, JKUAT, Kenya



Matt Smith and Jennifer Ingle



Kelley Haven with members of Binti Pamoja



Matthew Barker, Aaron Charlop-Powers and Jason Kutchma

**EXPENSES**

**Expense - CFK, Inc.**

|                               |                 |
|-------------------------------|-----------------|
| Bank Fees                     | \$629           |
| Administration                | \$1,602         |
| Communication                 | \$5,127         |
| Travel                        | \$16,564        |
| Binti Pamoja                  | \$2,238         |
| Program Expenses              | \$17,502        |
| <b>Total Expense-CFK, Inc</b> | <b>\$43,661</b> |

**\*\*Expense-CFK Kenya**

|                                |                  |
|--------------------------------|------------------|
| *General Expenses              | \$15,351         |
| Occupancy                      | \$4,176          |
| Communication                  | \$11,086         |
| Travel                         | \$6,513          |
| Salary and Benefit Expenses    | \$33,665         |
| Taka ni Pato Program Expenses  | \$7,712          |
| Tabitha Clinic Expenses        | \$5,808          |
| <b>Total Expense-CFK Kenya</b> | <b>\$121,633</b> |

**Total Expense \$165,294**

|                                     |                   |
|-------------------------------------|-------------------|
| <b>Net Income</b>                   | <b>\$ 109,659</b> |
| <i>Operational Commitments</i>      |                   |
| Contributions Directed to Endowment | \$50,000          |
| Purchase of New Clinic              | \$20,000          |
| <b>Operational Net Income</b>       | <b>\$39,659</b>   |



\* General expenses in Kenya include the cost of security, insurance, office supplies, and legal, bank, and accounting fees

\*\* Uses exchange rate of USD 1 = KSH 72.80, rate at 12/31/05 according to oanda.com

**United States**

Kimberly Chapman – President (acting); MPH Candidate, UNC-Chapel Hill  
 Matt Bugher – Treasurer; Financial Officer, International Justice Mission  
 Beth-Ann Kutchma – Administrative Officer; Program Officer, UCIS  
 Karen Austrian – Vice President and Binti Pamoja Co-founder; MPH Candidate, Columbia University  
 Emily Pierce – Vice President; Rotary Scholar, Argentina  
 Peter Dixon – Vice President; UNC Senior  
 Emily Verellen – Program Officer; Binti Pamoja Co-founder; Grants Manager, Inwood House  
 Ellen Phelps – Program Officer; MPP Candidate, Kennedy School of Government  
 Aaron Charlop-Powers – Program Officer; UNC Junior  
 Adriane Russo – Webmaster; Associate, Smith Barney Consulting

**Kenya**

Salim Mohamed, Program Manager  
 Caroline Sakwa, Binti Pamoja Program Officer  
 Abdul (Cantar) Hussein, Youth Sports Program Officer  
 George Ngeta, Taka Ni Pato Program Officer  
 Medina Abakar , Taka Ni Pato Program Officer  
 Florence Opiyo, Head Nurse, Tabitha Clinic  
 Joel Juma, Lab Technician, Tabitha Clinic  
 Jane Atieno, Special Assistant, Tabitha Clinic  
 John Obura Warah , Nurse Aid, Tabitha Clinic  
 Macrine Achieng Okello, Nurse Aid, Tabitha Clinic



Kenyan staff with student volunteers in June 2005

### Board of Trustees – Kenya

Ben Mshila, Chair; Former HR Director, General Motors East Africa \* Fred Wasike, HR Director, General Motros East Africa \* Sammy Irengi Gitau, Slum Coordinator, Save the Children, Kenya \* William Maclean, Chief Correspondent, Reuters East Africa \* Carolyn Jefferson, Program Officer, USAID \* Rosemary Okumu, Social Worker, Mbagathi District Hospital

### Board of Directors - United States

Kimberly Chapman, (Chair) MPH Candidate, UNC-CH \* Peter Coclanis, Ph.D., Associate Provost for International Affairs, UNC-CH \* Alan Cross, M.D., Professor of Social Medicine, UNC-CH, Director, Center for Health Promotion & Disease Prevention \* Richard Kohn, Ph.D., Professor of History, UNC-CH, Chair, Curriculum for Peace, War & Defense \* Maurice Muchene, Former CEO, Mathare Youth Sports Association, Kenya \* Donna Schwartz-Barcott, Ph.D., Professor of Nursing, University of Rhode Island \* Ambassador Brenda Schoonover, U.S. State Department, Retired \* Rye Barcott (ex officio), Founder, Carolina for Kibera, Inc.; Captain, U.S. Marine Corps

### Advisory Board

Andrew Carroll, Director of the American Poetry and Literacy Project  
 Jennifer Coffman, Ph.D., Asst. Professor of Anthropology, James Madison University  
 Dennis Clements, MD, Professor of Medicine, Duke University  
 Mary Beth Crocket, Attorney, Women’s rights and domestic abuse  
 Timothy Glassco, Esq. Attorney, Patton Boggs, LLP  
 Christopher Howard, Ph.D., Associate Professor, Oklahoma University  
 Abigail Kohn, Ph.D., Consultant, Booz Allen Hamilton  
 Alison Kramer, Director of Public Relations, Rosen Law Firm  
 Rajeev Narayan, Esq. Associate Director of the Kenan Institute, NC State University  
 Dr. James and Florence Peacock, UNC Kenan Professor of Anthropology and wife  
 Dr. Richard and Susan Richardson, Former Provost, UNC-CH and wife  
 George Schutzer, Esq. – Partner, Patten Boggs LLP  
 Chris Seiple, President, The Institute of Global Engagement  
 Richard Stevens, State Senator, NC General Assembly



In 2005, CFK’s operations were sustained by substantial contributions from the Ford Foundation, the Fledgling Fund, the William Rand Kenan Charitable Trust, American Jewish World Services (AJWS), and many individual donors, whose gifts comprised 39 percent of the organization’s 2005 income. Additionally, a generous gift from Wendy and Eric Schmidt enabled CFK to begin building an endowment, which will bring long term financial stability to the organization. In 2005, CFK’s all-volunteer U.S. staff purposefully minimized administrative expenses, allowing 94 percent of the organization’s cash outflows to be directed to communication with and support of CFK-Kenya.

CFK enters 2006 in a stable financial position. The organization has cash reserves sufficient to cover outstanding commitments, which include the creation of Light Box, a Binti Pamoja photography book, the ongoing sponsorship of the James and Florence Peacock Student Fellows, and the purchase of a new building for the Tabitha Clinic, expected to cost \$30,000. CFK is raising funds to purchase the land and furnishings for the building, which will cost an additional \$30,000. CFK’s core operating budget for 2006 is \$130,000. These expenses will be offset by expected grants from the Ford Foundation and AJWS, and by continued support from individual donors. Additionally, CFK will continue to develop its endowment by appealing to major donors, with the goal of raising a total of \$2 million. The organization seeks to raise the first \$1 million by the end of 2006. These sources of income and continued fiscal discipline will ensure CFK’s financial stability throughout the year and into 2007.

### INCOME

|  |                  |
|--|------------------|
| <b>Income-CFK, Inc.</b>                      |                  |
| Ford Foundation                              | \$26,000         |
| William Rand Kenan Charitable Trust          | \$26,000         |
| The Fledgling Fund (BP)                      | \$23,000         |
| Wendy & Eric Schmidt                         | \$60,000         |
| Private Donors                               | \$85,999         |
| Interest Income                              | \$1,152          |
| <b>Total Income - CFK, Inc.</b>              | <b>\$222,151</b> |
| <br>   |                  |
| <b>Income - Delivered to CFK-Kenya</b>       |                  |
| American Jewish World Service                | \$17,250         |
| Somireneec (Taka ni Pato)                    | \$11,963         |
| Others                                       | \$5,464          |
| In-Kind Donations                            | \$13,599         |
| Tabitha Clinic Fees                          | \$4,527          |
| <b>Total Income - Delivered to CFK Kenya</b> | <b>\$52,803</b>  |
| <br>   |                  |
| <b>Total Income</b>                          | <b>\$274,954</b> |

## Aaron Charlop-Powers, James and Florence Peacock Fellow

Aaron Charlop-Powers, 21, is from Bronx, New York and was one of the first recipients of the James and Florence Peacock Fellowship. He used the fellowship in 2005 to work on a documentary about CFK. A native of New York City, he spent many of his hours this summer planning, interviewing, and filming with Beth-Ann and Jason Kutchma. Back on campus at UNC-CH, Aaron is journalism major and helps to promote CFK to the larger campus community. He will study abroad in Scotland in Spring 2006.

## Alex (Ross) Davidson – Canadian Sports Leadership Corps Fellow

Ross Davidson, 23, is a Commonwealth Games from Vancouver B.C. Canada. Despite little experience in international development, he has certainly been busy in the areas of sport and leadership for many years. Currently a top age group triathlete, coach and official, he founded the now-thriving triathlon club at Simon Fraser University in B.C. three years ago after tiring of training and traveling to competitions on his own. He is also accomplished in curling and sailing, has worked as an athletic trainer, dragon boat race official, and construction laborer. With a degree in kinesiology and an interest in neurophysiology, Davidson aspires to pursue a career in medicine.

Davidson describes his time in Kibera... *“I was met by Cantar at the airport in Nairobi, and recognized instantly what a great experience this would be. The first month was spent getting to know the sports council and the community. I spent a lot of time at Kibera Primary School, attending youth activities, and in meetings (where I didn’t understand a thing!). We learned that we can put sports together with education using the ‘Kicking AIDS Out’ concept. For example, we play a fun, easy to learn, game that focuses on a specific sport skill. After the game has finished, the facilitator brings everyone together and asks questions that relate the game to life skills such as ‘How did you succeed in this game?’, ‘What did it feel like to get tagged?’, ‘Did you work best as a team of people, or individually?’ From here, the connection is made between sport skills and life skills, and the discussion turns to what skills in the game are also used in life. Our peer educators have designed 6 different games which address a range of topics including prevention and transmission of HIV, awareness of drug abuse and gender equality.”*

Check out Ross’s blog “The Weekly Life of a Kenyadian” at [www.rossinkibera.blogspot.com](http://www.rossinkibera.blogspot.com)



While painting the clinic walls, Aaron was called upon to help CFK Special Assistant Jane Atieno and volunteer Kelley Haven swaddle a newborn delivered in the Tabitha Clinic.

CFK played a central role this past summer in the work of Cornell University-led Base of the Pyramid (BoP) Protocol™ project. Headed by the Center for Sustainable Global Enterprise at the Johnson School of Management, the fundamental principle of the BoP Protocol™ is that business partnerships between corporations and poor communities – when undertaken in a framework of mutual respect and learning – can play a valuable role in serving the diverse needs of a community, while creating sustainable opportunities for growth and innovation in the company. Using CFK as a liaison and community-based partner, Kibera was one of two sites chosen for the first run of the Protocol.

During the summer, CFK guided and mentored a six-person, U.S.-based team tasked with developing a business plan in conjunction with local youth groups. CFK’s offices and meeting space served as the project’s home base throughout the 2-month process culminating in a three-day “Business Idea Generation” workshop. As a result, the project is forging ahead, partnering U.S. corporation, SC Johnson, and Kibera-based youth groups in a nine-month business development phase that will lead to a viable business plan set to be launched in the Spring of 2006.



Youth members meet to brainstorm during a Business Idea Generation Workshop



Kiberan youth participate in a soccer match

Staying true to its purpose of using sports as a tool to diffuse ethnic tensions within Kibera and promote reconciliation and leadership, the sports program expanded to include under-18 teams from each of Kibera's diverse villages. The sports program increased membership in other age brackets by nearly 15% and continued its practice of engaging teams in public service activities, such as community garbage clean-ups, in return for the ability to play soccer in organized tournaments. In 2005, CFK organized 200 soccer teams, held 30 community clean-ups, with an average participation of over 400 youth at each clean-up, engaging over 2000 youth in its programs.

| AGE  | # TEAMS | # OF PLAYERS |
|------|---------|--------------|
| U-12 | 63      | 630          |
| U-14 | 44      | 660          |
| U-16 | 23      | 414          |
| U-18 | 18      | 324          |

**Total Youth Participants:  
2,028**

Thanks to a generous benefactor, program officer Abdul Hussein successfully underwent complex knee surgery for an injury he had sustained in 2000 while playing soccer in a Kenya semi-professional league. He is fully recovering and looks forward to playing soccer again!

During 2005 many of the founders and original members of CFK had the melancholy but symbolic task of rededicating the clinic in the name of Mama Tabitha Atieno Festo, the founder. In keeping with her strength, optimism, and commitment to the community, the clinic continued its services, providing basic healthcare to residents of Kibera on a sliding fee scale. Throughout the year, hundreds of patients come to the clinic seeking treatment, knowing that they will be treated with respect and care. In tandem with the U.S. Centers for Disease Control and Prevention (CDC) office that is based in Nairobi, plans are underway to open a new clinic site with improved facilities in the new year. With the help of demographers, public health practitioners, and local community members, a formal census was conducted in order to estimate a more accurate population count in Kibera. The resulting data are being used to inform the development and of a syndromic surveillance program led by the CDC, which will enroll nearly **30,000** people in Kibera who will be able to obtain free care at Tabitha Clinic.

## Medina Abubaker, Program Officer, Taka ni Pato

I was born in Nairobi's Ngara area in 1979 and in 1981 my family and I moved to Kibera and started our new life in an area known as D.C. This is actually where I can say my life began. Being in an extended family, my beloved grandmother was our caretaker although my mother was working at Aga Khan Hospital. We are five in number, two brothers and three sisters, I am the second born. Unfortunately I did not see my daddy because he passed away when we were young.

My schooling started in 1985 when I joined class one at Mashimoni Primary School. Primary school life was so smooth and nice as my brain was still young. In 1994, I joined Sharda High School and completed my A level in 1997. I then moved and joined Rare-find College of Computers. Upon completing my course it took me no time to start working as a receptionist with Jamia Mosque Committee in Nairobi. However, it prompted me to start doing hospitality Management from the International Schools of Correspondence (USA), where I attained a diploma. I am not married, but I have a fiancé.

Life was so pleasing since our parental love was so good and perfect. Unfortunately, a big blow landed on to my head when my grandmother passed away in 1998. This sudden change of situation gave me great pain, which obliged me to think hard about my destiny and that of the entire family too. Things started becoming worse and complicated because by then my mother was no longer working and my elder sister was jobless. I wondered how it was possible to deal with such a terrible situation. Luckily, I soon started working and I became the supporter of the family.

As regards my achievements, since I am still in the foundation of my life, I have just worked for a few years. But I can confirm that plenty is yet to be done. I have dreams and ambitions of which I am taking all the possible necessary actions for the achievements I am still striving for, and to excel. My fate is yet to be determined. I just wish to help the less fortunate people in the community through my work as a volunteer of MUUM (Makina Umoja Usafi na Maendeleo – Makina Water and Development) and my dedication to Carolina for Kibera.



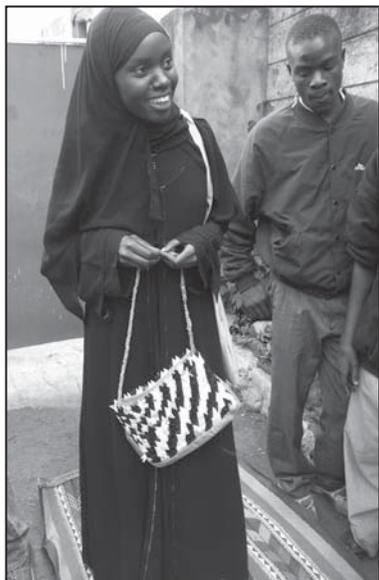
Medina Abubaker

# Taka ni Pato (Trash is Cash)



CFK's waste management and recycling program, Taka ni Pato, is a collaboration with four other NGOs in Nairobi. Taka ni Pato recently completed Phase 1 of the program and trained six local youth groups on how to generate income by collecting, sorting, and selling organic compost, scrap metals, and plastic trash. In addition, Taka ni Pato partnered with Base of the Pyramid to create a business plan with local youth groups.

Taka ni Pato promotes recycling solid waste management and creates public awareness of recycling through the four "big R's" (Re-Use, Reduce, Recycle and Re-sell) to offer a solution to the problem of waste in Kibera. Furthermore, the youth groups actively pursue opportunities for turning this waste into income-generating materials.



A CFK member displays a purse she created from recycled material in Kibera

Over the past year, the Taka ni Pato youth groups have collected and successfully reused or sold the following materials from Kibera (in kilograms):

| Item           | Amount (Kg) |
|----------------|-------------|
| Compost        | 50,000      |
| Plastics       | 125,000     |
| Scrap metals   | 20,000      |
| Polythene bags | 30,000      |
| Bones          | 10,000      |
| Paper          | 10,000      |

The TnP youth groups are also offering door-to-door garbage collection that has attracted approximately 500 clients; at a rate of 100 shillings per month, the youth groups have made 50,000 shillings from garbage collection alone.



CFK Sports Program members participate in a community clean-up.

**Total Trash removed from Kibera:  
245,000 Kgs (270 Tons) !**

The HIV/AIDS crisis continues unabated in Kibera, and many patients are too sick to make it to the clinic for care. Thanks to support from Raleigh, NC-based Stop Hunger Now, CFK maintained its home-based care outreach program as part of Tabitha Clinic. In keeping with Tabitha's vision and a desire to provide truly comprehensive healthcare, community members are trained to administer basic treatments and provide nutritional support to those too weak to leave their homes.

*"The second patient we visited was a model for what The Tabitha Clinic is capable of. She was one of Tabitha and Jane's first patients (when the clinic began it was a three person operation.) She is strong and healthy. As we walked in, she and her daughter were cooking samosas (fantastic beef filled pastries.) They looked great. The woman was trying to start a business selling them on the street. She smiled and extended her large, strong work-worn hands and welcomed us to sit.*

*Jane spoke proudly of this woman, explaining how sick she'd been years before; "She was a skeleton. Blood came from her eyes, her ears, and her secret parts." Apparently when Jane and Tabitha first cared for her, she was suffering from some form of hemorrhagic fever. Jane asked the woman for a picture. She and her daughter rummaged through a chaotic notebook. Eventually they produced a photograph of the woman standing with her mother. She was deathly malnourished, wasted away to almost nothing at all.*

*The woman also produced a certificate and presented it with pride. It showed that she had undergone training to be one of the Tabitha Clinic's volunteer home-based care givers. When she has time, she provides care to patients, and tries to teach them how to grow stronger and slowly regain an independent lifestyle. This is one of the pillars of the home-based care program; to restore the sick to functional members of the community, and then encourage them to assist the clinic in helping others."*

CFK Volunteer Matt Smith  
UNC Medical School, 2nd Year



Jane Atieno on a visit with a family who participates in the Home Based Care Program



**Binti Pamoja participants practice their dance moves**

The Binti Pamoja (BP) program continues its mission of gender education and empowerment under the guidance of Caroline Sakwa. Binti Pamoja currently has 59 members, and recently formed an alumni group to continue the work and educational outreach of BP beyond graduation. Throughout the year, the girls performed all over Kibera and Nairobi, providing educational theater for those in attendance. In addition, Binti Pamoja organized 8 community forums, trained 38 peer educators, awarded 14 scholarships, produced 3 newsletters, held 6 drama outreaches, and a photo exhibit at the French Cultural Center. The girls also made presentations at many ceremonies and conferences, to include a community outreach performance organized by General Motors, a visit to SOS Center/Youth Facility in Nairobi, and the United Nations Population Fund (UNFPA) national youth drama festival at the Nairobi Youth Center.

### **Peer-to-Peer Learning Exchange**

In August 2005, Binti Pamoja hosted a “Youth Peer-to-Peer Learning Exchange” that attracted American Jewish World Service (AJWS) partners from all over Kenya to the CFK offices. The peer exchange brought together 37 community health workers and youth from

the seven AJWS-funded organizations to share their experiences and challenges and discuss the role of peer education and nutrition in home-based care. Peer education is one of the most widely used and effective strategies to address the HIV/AIDS pandemic. Peer education training needs to focus not only on how to impart HIV/AIDS and sexuality information, but also to focus on participatory techniques that peer educators can use to engage the audience in problem-solving dialogue. The youth participants concluded by espousing their vision for Kenya: a country free from HIV/AIDS; a country that has equal distribution of resources; a country free from corruption and discrimination; a country that addresses the rights of youth and promotes gender equity.

### **Scholarships to Secondary School**

Although primary school education in Kenya was made free in 2002, secondary school education must be paid for, making school beyond the 8th grade out of reach for the vast majority of youth in Kibera. The Binti Pamoja Scholarship Fund helps the active and dedicated members of Binti Pamoja continue their education. In order to receive a scholarship, a girl must not only be committed to Binti Pamoja and school, but to her family as well. In 2005, 14 girls were given scholarships of \$150 each so that they could attend an area secondary school. These scholarships were given by the Lower East Side Girls Club, a program for teenage girls in New York City. We thank them for their ongoing support and investment in the education of Kibera’s talented young women leaders.



**Graca Machel and CFK Board member Ben Mashila at a CFK art and photography show in Kibera**

### **Graca Machel visits Binti Pamoja**

On October 10th, New Partnership for Africa’s Development (NEPAD) Kenya coordinated a visit of Ms. Machel, the wife of Nelson Mandela, to CFK’s office. Ms. Machel visited Tabitha Medical clinic and interacted with the home-based care outreach workers and the other clinic staff. In her speech to Binti Pamoja members, Ms. Machel encouraged the young women not to give up under any circumstances.

### **Binti Pamoja Book Project**

Binti Pamoja Center Co-founder, Emily Verellen, recently secured a grant from the Fledgling Fund to publish a book about the members of the Binti Pamoja Center. This book, to be published in Summer 2006, will feature the photography and short essays from the young women of Binti Pamoja. The book will communicate powerful messages about the lives of young women in poverty to those who would otherwise never hear their voices, celebrate the victories that these young women achieve every day, and offer their solutions to problems they face. 100% of the proceeds from the sales of the book will support the Binti Pamoja Scholarship Fund that helps members attend secondary or vocational school. The impact of this book on their futures, self-esteem, educations and empowerment will be immeasurable. In addition, the voices of Binti Pamoja members will reach, teach, and inspire audiences that would have otherwise never heard their voices. For more information, or to reserve a copy of the book, please contact Emily Verellen at emilyverellen@gmail.com.

### **Binti Pamoja – Population Council**

In August 2005, the Binti Pamoja alumni members started a mapping project to identify the existing and potential places that provide programming for teenage girls. The project started with a training workshop on interviewing and long conversations about the many different types of safety that teenage girls need and where they can and cannot find it in Kibera. The alumni then spent four months interviewing staff and participants of a diverse array of groups throughout Kibera. In 2006, the “Safe Spaces Project” will be moving into a new phase. The alumni members will start to partner with groups and places they identified during the mapping to help them develop “girl-only” programs, by recruiting girls, facilitating discussion groups and providing technical training. This exciting project will expand the reach of Binti Pamoja and provide quality programming to more girls throughout Kibera. The Safe Spaces Project is being done in partnership with the Population Council and is spearheaded by Binti Pamoja Co-Founder Karen Austrian, Program Officer Caroline Sakwa, and the BP alumni themselves.